

2021

4 / 27

5 / 27

6 / 10

9 / 28

10 / 13

11 / 9

12 / 15

2022

1 / 18

2 / 17

3 / 23

[SCHEDULE]

17:00-18:00 (JST)

· Introduction

· Zazen

[INSTRUCTOR]

Rev. Hojun Szpunar

\*Schedule may change.

ZEN class will open online.

Shall we share the calm and peaceful time together with zazen?

We look forward to seeing you.

ZEN



class

THE PROGRAM IS ON AIR  
ON OUR OFFICIAL  
FACEBOOK PAGE.

